



Behavioral Health

PARD

The City of Gallup in collaboration with Na Nihzhoohi Center Inc (NCI) has expanded its shelter capacity by providing 60 beds- 36 for males and 24 for females. At the shelter, meals are provided and hygiene is distributed. Additionally, the City of Gallup has contracted with the Gallup Police Department to provide transportation from GIMC Emergency Department to NCI Because of the PARD grant, NCI Detox now includes a high-risk unit, Outpatient Therapy and Case Management. The High-Risk Unit is designed to provide medically complex patient triage, and coordination with Gallup Indian Medical Center (GIMC) to ensure clients are keeping scheduled appointments, access to medications, medication schedule reminders, safe storage of medications, and transportation to scheduled appointments. The unit is fully staffed and accepts and treats patients. Outpatient Therapy services are provided by Certified Substance Abuse Counselors who will co-construct treatment plans based on the 12 core functions.



LEAD



In Partnership with the Gallup Police Department. Law Enforcement Assisted Diversion (LEAD) is a pre-arrest diversion program, rooted in harm reduction, in which police officers divert individuals to intensive case management in lieu of arrest for low-level nonviolent crimes, driven by substance use disorder and other unmet behavioral health needs.



FR-CARA



The Gallup Fire Department along with the Behavioral Health Department will collaborate to provide FR-CARA. The team provides resources to First responders on carrying and administering Narcan (naloxone) for emergency reversal of known or suspected opioid overdose. The purpose of this program is to administer Narcan (naloxone) Nasal Spray for emergency reversal of known or suspected opioid overdose. We will also establish processes, protocols, mechanisms for referral to appropriate treatment and recovery support services, and safety around fentanyl, carfentanil, and other dangerous licit and illicit drugs.



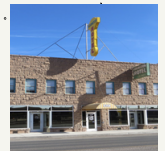
Wellness Hotel

During the Covid-19 Pandemic, resources were few and far between. With limited referrals to shelters, protective custody, and both hospitals an alternative resource was needed. Through the Coordination of Dr. Wei, she leveraged City resources to open up a Wellness Hotel. The Wellness Hotel started on November 2, 2020. The Hotel was for individuals who were homeless and at high risk for Covid. We had over 100 referrals to the program. Clients were successfully transferred into the Lexington on February 1, 2021.



Lexington

As the Wellness Hotel was coming to an end in 2021, Dr. Wei Coordinated with the City of Gallup, Heading Home, and CYFD to purchase and operate the Lexington Hotel. The group was able to open the 28-room Lexington Hotel in February 2021 and transition individuals from the Wellness Hotel into the Lexington. At the Lexington Hotel, individuals have access to beds, clean linen, washing machines, computers, food, medicine, and critical support services including: case management and acudetox.



Grow Our Own

Due to the limited number of behavioral and mental health professionals in the Gallup Area, the City implemented the Grow Our Own Pilot Project. The City of Gallup Behavioral Health provided a panel and a career fair on May 3rd, 2022 to address the need of the community. We then launched a program that would offer clinical supervision and education guidance and mentoring to individuals interested in the field.



Training

The City of Gallup contracted with Art Romero, LPCC to provide monthly behavioral health training to the community. Mr. Romero is approved by the New Mexico Counseling and Therapy Practice Board to provide CEUs to local providers to maintain their licensure and encouraged others to become licensed. The training we have offered includes Conflict Resolution, Certified Peer Support Worker Supervision, Motivational Interviewing, and Cultural Sensitivity Training. We also provided Alcohol 101 to the staff at NCI.



Community

The City of Gallup Behavioral Health believes that collaboration with community partners is the only way we will be able to make a change. We are a part of various coalitions including the Alcohol Taskforce, Health Alliance, NMSAS, Partners of Justice, FCDD Community Consortium, LEAD Learning Collaborative, Various ECHO groups, NM Harm Reduction, Coalition to End Homelessness, LEPC, and various other groups.

