

CITY OF GALLUP SENIOR PROGRAM

**DECEMBER 2016 ACTIVITIES COME AND JOIN US FOR EDUCATION, EXERCISE AND FUN!! 607 N. 4TH STREET- GALLUP, NEW MEXICO
87301 (505) 722-4740 DAILY CENTER ACTIVITIES: 8-BALL, PUZZLES, TV, EXERCISE, AND LIBRARY.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>December Flower Narcissus</i></p> 	<p><i>December Birthstone Turquoise</i></p> 	<p><i>Senior Christmas Party-Dec. 16, 2016 1pm</i></p> 	<p>1 Puzzles 8:30-? Line Dancing -10 am 10am-11:30am-Beading with Yvonne 1pm BINGO/RAFFLE</p> 	<p>2 Puzzles 8:30-? 11 am- Aerobics 1pm-Safeway</p>
<p>5 Puzzles 8:30-? 11am- Aerobics 1pm – Leather Craft 1-2:15 pm- Walmart, Mall or Dollar Tree 10am -Cards with Ethel</p>	<p>6 Puzzles 8:30-? 1p-2:15 Post Office/Bank</p>	<p>7 Puzzles 8:30-? 11 am– Aerobics 10am-Cards with Ethel & Karen 1-2:15– Grocery store</p>	<p>8 Puzzles 8:30-? Line Dancing -10 am 10am-11:30am-Beading with Yvonne 1pm BINGO/RAFFLE</p> 	<p>9 Puzzles 8:30-? 11 am- Aerobics 1pm-Safeway</p>
<p>12 Puzzles 8:30-? 11am- Aerobics 1pm – Leather Craft 1-2:15 pm- Walmart, Mall or Dollar Tree 10am -Cards with Ethel</p>	<p>13 Puzzles 8:30-? 1p-2:15 Post Office/Bank 10:30– NSSC/FC Combined Senior Advisory Council Mtg</p>	<p>14 Puzzles 8:30-? 11 am—Aerobics 10am-Cards with Ethel & Karen 1-2:15– Grocery store</p>	<p>15 Puzzles 8:30-? Line Dancing-10am 10am-11:30am-Beading with Yvonne 1pm BINGO/RAFFLE</p> 	<p>16 Puzzles 8:30-? 11 am- Aerobics 1pm-Safeway 1pm Senior Christmas Party!</p> 
<p>19 Puzzles 8:30-? 11am- Aerobics 1pm – Leather Craft 1-2:15 pm- Walmart, Mall or Dollar Tree 10am -Cards with Ethel</p>	<p>20 Puzzles 8:30-? 9 am Pool Tournament Hosted by Ford Canyon Center 1p-2:15 Post Office/Bank</p>	<p>21 Puzzles 8:30-? 11 am– Aerobics 10am-Cards with Ethel & Karen 1-2:15– Grocery store</p>	<p>22 Puzzles 8:30-? Line Dancing-10am 10am-11:30am-Beading with Yvonne 1pm BINGO/RAFFLE</p> 	<p>23 CLOSED</p> 
<p>26 CLOSED</p> 	<p>27 Puzzles 8:30-? 1p-2:15 Post Office/Bank</p>	<p>28 Puzzles 8:30-? 11 am– Aerobics 10am-Cards with Ethel & Karen 1-2:15- Grocery store</p>	<p>29 Puzzles 8:30-? Line Dancing-10am 10am-11:30am-Beading with Yvonne 1pm BINGO/RAFFLE</p> 	<p>30 Puzzles 8:30-? 11 am- Aerobics 1pm-Safeway December Birthday Party!</p> 

Fri 12-23-16 **CLOSED**
 Mon 12-26-2016 **CLOSED**
LBM Craft Sale-3 & 4
Red Rock Craft Fair-10
Kesmish Festival –9 & 10
Full Moon - 13
**Senior Christmas Party-
16 1pm**
Pool Tournament - 20
**December Birthday's
Party-30**

December Birth Flowers : The **Holly & Narcissus** (specifically, the paperwhite). The holly symbolizes your wish for domestic happiness. Although some animals and birds enjoy holly berries, they are semi-toxic to humans.

The Narcissus~Paperwhite
 The narcissus conveys that you want your beloved to stay just the way they are.

Birthstone Turquoise
 Regarded as a love charm. It is also a symbol of good fortune and success, and it is believed to relax the mind and to protect its wearer from harm. Turquoise rings, in particular, are thought to keep away evil spirits.